

**The Mental Retardation/Developmental
Disabilities Board, Inc.**

Baldwin, Clarke & Washington Counties

Three Year Plan

2009-2011

The MRDD Board, Inc
Baldwin, Clarke, Washington

PLAN FOR SERVICES
2009-2011

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The MRDD Board, Inc ***Baldwin, Clarke, Washington***

SECTION I

Introduction

The MRDD Board, Incorporated, is a public non-profit agency which was established by the counties of Baldwin, Clarke, and recently Washington County.

Baldwin and Clarke Counties incorporated in 1994 and began working together in 1996. Washington County is joining Baldwin and Clarke Counties in services and planning for 2009. The organization was created under Act 310 of the 1967 Regular Session of the Alabama Legislature. This Act gives the Board authority to establish and maintain programs to combat developmental disabilities including intellectual disabilities.

The MRDD Board, Inc. is driven by individuals, parents, advocates, services providers, and school systems to develop this Plan of Services for the next three years. Efforts have focused on a plan that is individual-driven, and addresses the needs of people with a diagnosis of mental retardation.

The following statements have been established

- The population as of 2008 census is as follows:
 - Baldwin - 174,439
 - Clarke - 26,305
 - Washington -17,204
- Funding is needed to provide services for persons that are on the waiting list.
- Local government participation must be significantly increased in order to develop much needed resources and services.
- Program funding guidelines such as the Medicaid Waiver must be made flexible enough to encourage movement within the service delivery system.
- Funding resources must be made available for those individuals not eligible for programs provided through the Medicaid Waiver.

SECTION II

Mission Statement

It is the mission of The Mental Retardation/Developmental Disabilities Board, Inc., to provide for a system of effective and efficient services to the citizens of Baldwin, Clarke and Washington Counties with a diagnosis of Intellectual Disabilities and/or Developmental Disabilities. This system of services endorses the precepts that services shall be consumer driven, shall be provided in the least restrictive setting, shall maximize consumer and family input, shall use existing support systems, shall be outcome oriented, and shall utilize family, consumer and employee satisfaction as a major indicator of quality.

Vision Statement

To provide or ensure the provision of services and supports that areas high quality, efficient, and cost effective as possible within the resources available, such that persons with mental disabilities may live with dignity as fully functioning, participating, and contributing members of our community, regardless of their ability.

SECTION III

Service Philosophy

1. Persons who have intellectual disabilities shall be provided the supports and services needed to lead independent lifestyles, participate in community living, and exercise personal choice.
2. Assistance to access a variety of services should be available within the local community to meet the needs of most individuals.
3. Supports and services that are publicly funded should complement the natural support networks. Building on natural supports shall be family, friends, co-workers, neighbor and other community functions. The range of services available should enable the individual to make choices that are personalized, effective, and economical.
4. Services shall promote integration of people with intellectual disabilities into all aspects of community life. Personal economic independence, productivity, and self-sufficiency shall be promoted.
5. Efforts shall be made to provide persons with intellectual disabilities effective personal security including the right to live and work in a safe and secure environment, reliable health services, and protection from abuse/neglect and economic exploitation.
6. Service systems should attempt to ensure that the human, civil, and legal rights of persons with developmental disabilities are recognized, protected, and respected.
7. Informed choices made by consumers and their families/advocates, as well as their rights, values, and needs, are of primary concern in the development and operation of services.

SECTION IV

Assumptions

In the development of this Three-Year Plan, 2009 – 2011, the following issues were considered:

1. Funding currently received from the Alabama Department of Mental Health will be maintained at current levels or increased.
2. Alabama's Home & Community Based Waiver (Medicaid MR & LAH Waivers) will continue to be available.
3. Local government funding needs to continue and increase to assist in meeting the needs of its citizens.
4. This plan shall be reviewed yearly to determine needs.

SECTION V

Description of Services and Population Served

The MRDD Board, Inc., provides services in Baldwin, Clarke & Washington Counties. The area of service is limited to Baldwin, Clarke and Washington Counties.

Services are available to persons who meet the eligibility criteria for a diagnosis of Mental Retardation. Baldwin County provides early intervention services, and infant and toddlers shall meet eligibility requirements of the Early Intervention program.

Specific areas of service are:

- Provides a single entry point into all services provided to people with a diagnosis of mental retardation. Assists family in arranging assessments for eligibility determination.
- Case management provides quality services to targeted groups of individuals with a diagnosis of mental retardation. Such services include needs assessment, case planning, service arrangement, social support, reassessment and follow-up, and monitoring.
- Service coordination for infants and toddlers and their families. Provides quality services to designated infants/toddlers who meet Part H eligibility criteria. Such services include needs assessments, case planning, service arrangements, social support, reassessment and follow-up, and monitoring.
- The MRDD Board, Inc. subcontracts with existing service providers such as
 - **Baldwin County** - ARCBC, Inc, Dawn House, Inc, New Way Out Corporation, Inc. and United Cerebral Palsy of Mobile, Inc.
 - **Clarke County**- CCARC, Inc., Louise Davis Support Services and Williams Support Services.
 - **Washington County** - ECI, Inc.

**Service providers may contract with the AL Department of Mental Health through Region III office.*

SECTION VI

Description of the Planning Process

The MRDD Board, Inc. requested input into the planning process through lettered and personal contact from individuals, family members or guardians, as well as from various agencies and school systems. Public meetings are scheduled as follows:

September 2, 2009 - Baldwin County, Alabama

September 3, 2009 - Clarke County and Washington County meetings

The reputation and experience base of The MRDD Board, Inc., in enhancing its presence throughout Baldwin, Clarke and Washington Counties, has grown considerably over the past several years.

Input from key stakeholders is obtained through surveys. Satisfaction Surveys are sent to all individuals receiving services to determine satisfaction with services as well as to assess future service needs. Areas of need are addressed by the team.

A needs assessment is conducted by the intake coordinator for persons on the waiting list for services. This needs assessment is performed to evaluate current needs and update information as requested by the individual.

SECTION VII

Waiting List Assessment

The MRDD Board, Inc. submits the Waiting List Packet to DMH/ID- Region III, to request placement on the statewide waiting list. Once eligibility is determined by Region III, an individual may be placed on the waiting list.

Currently, the MRDD Board, Inc. obtains a copy of the waiting list for Baldwin, Clarke & Washington Counties from Region III.

INDIVIDUALS ON WAITING LIST:

<u>County</u>	<u>August 2009</u>	<u>November 2008</u>
Baldwin	43	44
Clarke	19	19
Washington	8	9
Total	70	72

SECTION VIII

Goals, Objectives and Areas of Need

CURRENT NUMBER SERVED - FOR FY 2009

CASE MANAGEMENT: Age 3 years and older

Approximately 293 individuals receive targeted case management and/or service coordination through this agency.

Baldwin	194
Clarke	67
Washington	32

EARLY INTERVENTION CASE MANAGEMENT: Birth to age 3 years

Approximately 59 individuals receive targeted case management and/or service coordination through this agency.

Baldwin	44
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CURRENT NUMBER SERVED IN MEDICAID WAIVERS:

MR WAIVER:

LAH WAIVER

Baldwin	160	22
Clarke	50	11
Washington	30	2

CURRENT INDIVIDUALS SERVED THAT ARE NON MEDICAID ELIGIBLE

Baldwin	26
Clarke	5
Washington	0

CURRENT FUNDING RESOURCES AND ALLOCATIONS

- AL Dept of Mental Health/Intellectual Disabilities
- Special Education Trust Fund
- Baldwin County Commission
- Alabama Department of Human Resources
- Alabama Children Facilitation Team
- United Way of Baldwin County, Inc.

FUNDING RESOURCES:

The prospect of increasing funding sources is limited. We are utilizing the local community resources such as:

- Angel Ride Foundation
- United Way of South Baldwin County, Inc.
- Individual and Family Support Services
- Catholic Social Services
- Baldwin EMC
- Other agencies

GOALS AND OBJECTIVES:

1. Community Outreach - Distribute brochures to schools and local community agencies about eligibility for Waiver services.
2. Public Meeting - to discuss services and needs in the community.
3. Continue advocating for Individuals needs.
4. Conduct annual survey/needs assessment for individuals receiving services.